

 PRELUDE
 SOCIAL
 WORSHIP
 STORY
 GROUPS
 HOME

 PROVIDING TIME FOR FUN INTERACTION 15 MINUTES

MADE TO EXPLORE

an activity that channels a preschooler's innate curiosity into a discussion of the week's crucial concepts

BIBLE STORY

God gives us people to help us do big things.

AARON AND HUR HELP MOSES EXODUS 17:8-13

MEMORY VERSE

"I know that God helps me."

PSALM 54:4, NIRV

KEY QUESTION

Who helps you do big things?

BOTTOM LINE

God helps me do big things.

BASIC TRUTH

God loves me.



3. SO BIG!

WHAT YOU NEED: Butcher paper, painter's tape, marker, and a ruler

WHAT YOU DO:

BEFORE THE ACTIVITY: Hang the butcher paper on a wall from the floor up with tape. Gather the children in front of the butcher paper.

DURING THE ACTIVITY: One at a time, call for each child to stand against the wall, making sure their heels are up against it and they're standing tall. Set the ruler on top of their heads against the wall and make a mark next to it. Ask the child to sit back down and write their name next to the line. Continue in the same way until you've measured each child. Write the Bottom Line at the top of the paper. Leave the butcher paper up on the wall for the Memory Verse Activity.

AFTER THE ACTIVITY: Introduce the Bottom Line.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Friends, you are SO BIG! Let's measure and find out how big you are!"

DURING THE ACTIVITY: "[Child's name], come stand up against the wall and face your friends. Make sure you put your heels all the way against the wall, and stand up straight and tall. (*Place the ruler on child's head, and mark where the ruler touches the wall.*) Wow! Go sit down, and I'll write your name at your mark. Look how big you are! SO big. Okay, next friend. (*Continue with each child.*) Wow! Look, you are all SO BIG!"

AFTER THE ACTIVITY: "Today, our Bible Story is about how God helps us do big things! Come with me and let's hear all about it."

TRANSITION: Move to Worship and Story by asking the children to make themselves as BIG as they can.



 PRELUDE
 SOCIAL
 WORSHIP
 STORY
 GROUPS
 HOME

 CREATING A SAFE PLACE TO CONNECT 25 MINUTES

MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn

BIBLE STORY

God gives us people to help us do big things.

AARON AND HUR HELP MOSES EXODUS 17:8-13

MEMORY VERSE

"I know that God helps me."

PSALM 54:4, NIRV

KEY QUESTION

Who helps you do big things?

BOTTOM LINE

God helps me do big things.

BASIC TRUTH

God loves me.



1. MEMORY VERSE MEASURING [HEAR FROM GOD | MEMORY VERSE REVIEW]

WHAT YOU NEED: "Memory Verse Measuring" Activity Page, 11" x 17" cardstock, scissors, fun stickers, and washable markers

Note: You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude

folder and on Pinterest.

WHAT YOU DO:

BEFORE THE ACTIVITY: Copy "Memory Verse Measuring" on 11" x 17" cardstock and cut, one cutout per child. Set the ruler cutouts, fun stickers, and markers on the table. Gather the children to find a spot at the table. Review the motions together.

DURING THE ACTIVITY: Point out the Memory Verse written on their measuring tapes. Encourage the children to use the markers and stickers to decorate their rulers. Walk around the table and write each child's name on the back of their rulers.

Option: If you did the previous "So BIG!" Activity, encourage the children to use their rulers to measure up to their line on the paper.

AFTER THE ACTIVITY: Connect the Memory Verse to the Bottom Line.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Friends, come find a spot at the table. We're learning an awesome Memory Verse this month. Let's say it together while we do the motions. 'I know (touch head with fingertips) that God (flat hand with thumb to forehead, pull down) helps me,' (place thumbs-up on opposite palm) Psalm 54:4. (Open hands like a book.) Great job!"

DURING THE ACTIVITY: "Look at the paper in front of you. This is a paper ruler. We use rulers to see how big things are. Your ruler has the words to our Memory Verse written on it. It says, 'I know that God helps me.' Psalm 54:4. You can use the stickers and markers to decorate your ruler. As you work, I'll come around and write your name on the back!"

AFTER THE ACTIVITY: "The Bible teaches us that God helps us do big things! God helped Moses do big things, and God will help you do big things. Who helps you do big things? God helps me do big things!"



 PRELUDE
 SOCIAL
 WORSHIP
 STORY
 GROUPS
 HOME

 CREATING A SAFE PLACE TO CONNECT 25 MINUTES

MADE TO PLAY

an activity that encourages preschoolers to follow guidelines while having fun and learning new concepts

BIBLE STORY

God gives us people to help us do big things.

AARON AND HUR HELP MOSES EXODUS 17:8-13

MEMORY VERSE

"I know that God helps me."

PSALM 54:4, NIRV

KEY QUESTION

Who helps you do big things?

BOTTOM LINE

God helps me do big things.

BASIC TRUTH

God loves me.



2. WHICH ONE?

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: Little People® figures, toy animals, cane or yardstick, umbrella, small toy chair, medium river rock, toy breakfast foods, and pair of gloves

WHAT YOU DO:

BEFORE THE ACTIVITY: Sit together in a circle on the

floor.

DURING THE ACTIVITY: As you review the Bible Story, lay two objects in front of the children. The children will choose which object belongs in the story.

AFTER THE ACTIVITY: Review the Bottom Line.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Come sit with me and help me pick which one of these items goes in the Bible Story we heard today."

DURING THE ACTIVITY: "In our story, was Moses was the leader of God's people? (Put the Little People® figures in front of children.) Or was Moses the leader of animals? (Put animals by the Little People® figures.) Which one? (Pause for answers.) Yes! Moses was the leader of God's people!

"Did Moses hold up an umbrella so the soldiers would win the battle? (*Put umbrella in front of children.*) Or did Moses hold up a staff so the soldiers would win the battle? (*Put cane or yardstick by umbrella.*) Which one? (*Pause for answers.*) Yes! Moses held up a staff to help God's people win the battle.

"When Moses got tired, did Aaron and Hur get a rock for Moses to sit on? (*Put rock in front of children.*) Or did Aaron and Hur get a chair for Moses to sit in? (*Put chair by the rock.*) Which one? (*Pause for answers.*) Yes! Aaron and Hur got a rock for Moses to sit on.

"We have one more. When Moses' arms got tired, did Aaron and Hur make breakfast for Moses? (Put toy breakfast foods in front of children.) Or did Aaron and Hur use their hands to hold up Moses' arms? (Put gloves by toy food.) Which one? (Pause for answers.) Yes! Aaron and Hur held up Moses' arms with their hands! You're good at this! Let's play again!" (Repeat the activity as long as time and interest allow.)

AFTER THE ACTIVITY: "God gave Moses people to help him do a big thing, and God gives us people to help us do big things too! People are one way God helps us! So, tell me: Who helps you do big things? God helps me do big things!"





MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



3. LIFT [LIVE FOR GOD | APPLICATION ACTIVITY] WHAT YOU NEED: Parachute

WHAT YOU DO:

BEFORE THE ACTIVITY: Lay the parachute out on the floor. Ask children to come stand around the parachute with you.

SMALL GROUP

YEAR -OLDS

BIBLE STORY

God gives us people to help us do big things.

AARON AND HUR HELP MOSES EXODUS 17:8-13

MEMORY VERSE

"I know that God helps me."

PSALM 54:4, NIRV

KEY QUESTION

Who helps you do big things?

BOTTOM LINE

God helps me do big things.

BASIC TRUTH

God loves me.

DURING THE ACTIVITY: Encourage children to raise the parachute up and down when hearing the key words.

AFTER THE ACTIVITY: Review the Bible Story.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Friends, come join me around the parachute. In our Bible Story today, we heard about Moses. When Moses held his staff up, the Israelites were winning. But when his staff went down, they were not. It was hard to hold his arms and his staff up so high for so long, so God sent Moses people to help him."

DURING THE ACTIVITY: "Let's use the parachute to help us remember the story. Listen and do what I say. When I say 'up,' put the parachute up really high, and when I say 'down,' put the parachute all the way down on the ground.

"Up, up, up! Put the parachute up in the sky. The army was winning when Moses held the staff high. Down, down, down! Put the parachute down on the ground. When Moses lowered the staff, they were losing. It was hard to hold the staff up all day. God sent people up on the mountain to hold up each arm. Don't let the staff come down! Up, down, up, down. Moses needed help to do a big thing. God can help us do anything!" (*Repeat as desired.*)

AFTER THE ACTIVITY: "That was so fun! I loved going up and down with the parachute. Moses had a big job to do, and he needed God's help. God will help us do big things too! Who helps you do big things? God helps me do big things!"



| PRELUDE | SOCIAL | WORSHIP | STORY | GROUPS | HOME | |
|---------|--------|---------|-------|----------------------------------|------|--|
| | | | CREAT | CREATING A SAFE PLACE TO CONNECT | | |

MADE TO CREATE

an activity that allows preschoolers to review the Bible Story, Bottom Line, or Memory Verse by creating a craft

BIBLE STORY

God gives us people to help us do big things.

AARON AND HUR HELP MOSES EXODUS 17:8-13

MEMORY VERSE

"I know that God helps me."

PSALM 54:4, NIRV

KEY QUESTION

Who helps you do big things?

BOTTOM LINE

God helps me do big things.

BASIC TRUTH

God loves me.



4. BIG THINGS [LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: "Big Things Label" Activity Page, Avery® Labels #5160 or equivalent, cardstock, washable ink pads in a variety of colors, sentence strips, dot markers, stickers, stamps, glue sticks, scissors, baby wipes, and a permanent marker

WHAT YOU DO:

BEFORE THE ACTIVITY: Copy "Big Things Label" on label paper, one label per child. Write each child's name on their sentence strip.

DURING THE ACTIVITY: Cover both of each child's hands with ink. Then, stamp their hands on their piece of cardstock and cut out both hands. Be sure to write their name on their handprints. *Option: Do this before the activity if desired*. Encourage children to glue one hand cutout to each end of their sentence strip. Then, decorate the sentence strip with dot markers, stickers, stamps, and a label.

AFTER THE ACTIVITY: Review the Bible Story and Bottom Line.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Hello, friends! I'm so glad to know that God helps us do BIG (stretch your arms out as wide as you can) things! Let's sit at the table together and create a big way to remember today's story."

DURING THE ACTIVITY: "The first thing we need to do is make your handprints. We'll cover them with ink and press them onto the paper. (*Pause.*) Tadah! There are your handprints! (*Clean hands as needed. Then, cut each child's handprints out.*) Glue one handprint to each end of your strip of paper. That looks like your hands are stretched out so big like this. (*Stretch your arms out as wide as you can*) Use the markers, stickers, and stamps to decorate your paper strip. (*Pause.*) Add this label too—it tells you where to find today's story in the Bible! (*Pause.*) These look great! Your hands are stretched out so big that they also remind me of how Aaron and Hur helped Moses in our story today."

AFTER THE ACTIVITY: "In our story, we learned that an army attacked God's people, the Israelites. Moses, the leader of the Israelites, went on top of a hill, and when he raised his staff over his head, the Israelites were winning the battle. But when Moses lowered his arms, the Israelites were losing the battle.

"The job was SO BIG that Moses needed help. God gave Moses people to help him. Moses' brother, Aaron, and their friend, Hur, gave Moses a rock to sit on. Aaron held up one of Moses' hands and Hur held up his other hand, so Moses could keep the staff up high. They helped Moses all day, and the Israelites won the battle! God gave Moses people to help him. And God gives us people to help us too! God helps us do big things! **Who helps you do big things? God helps me do big things."**



GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW TO GET READY FOR THIS WEEK

SOCIAL: PROVIDING TIME FOR FUN INTERACTION (15 MINUTES)

Encourage preschoolers to enter the classroom and engage with peers and Small Group Leaders by providing fun, age-appropriate, hands-on activities that introduce new concepts they will hear in the Bible Story.

Offer one or more of the following activities as preschoolers arrive. Let one or two Small Group Leaders lead activities in different areas of the room while another leader greets parents and children at the door.

1. MOSES' BIG SHOT

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

WHAT YOU NEED:

- "Moses' Big Shot" Activity Page
- Cardstock
- Plastic disposable cups
- Big pom-poms
- Painters' tape
- Scissors

WHAT YOU DO:

- Copy "Moses' Big Shot" on cardstock and cut, one per Small Group.
- Tape Moses to one cup.
- Tape all three cups to the wall at different heights.

2. TOY RESCUE

Made to Play: An activity that encourages preschoolers to follow guidelines while having fun and learning new concepts

WHAT YOU NEED:

- Several small toys (block, toy car, toy food, toy animal, etc.)
- Laundry basket
- Masking tape

WHAT YOU DO:

- Gather various toys and items from around the room and place them in the laundry basket.
- Crisscross the tape over the top of the basket several times, creating openings large enough for a child's hand.

3. SO BIG!

Made to Explore: An activity that channels a preschooler's innate curiosity into a discussion of the week's crucial concepts

WHAT YOU NEED:

- Butcher paper
- Painter's tape
- Marker
- Ruler

WHAT YOU DO:

• Hang the butcher paper on a focal wall from the floor up with tape.

GROUPS: CREATING A SAFE PLACE TO CONNECT (25 MINUTES)

Create a safe place to connect through activities written to reach every learning style while reinforcing the Bottom Line introduced during the Bible Story and applying it to real-life experiences. In addition, these activities provide preschoolers with an opportunity to build relationships with their Small Group Leader.

Offer as many of the following activities as your time, facilities, resources, and leadership allow. You may want to lead one activity at a time. Or offer two activities at once and allow half the children to participate in each. Then switch groups and repeat the activities.

1. MEMORY VERSE MEASURING

[HEAR FROM GOD | MEMORY VERSE REVIEW]

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn WHAT YOU NEED:

WHAT YOU NEED

- "Memory Verse Measuring" Activity Page
- 11" x 17" cardstock
- Scissors
- Fun stickers
- Washable markers

WHAT YOU DO:

- Copy "Memory Verse Measuring" on 11" x 17" cardstock and cut, one cutout per child.
- Set the ruler cutouts, stickers, and markers on the table.



GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW TO GET READY FOR THIS WEEK

2. WHICH ONE? [TALK ABOUT GOD | BIBLE STORY REVIEW]

Made to Play: An activity that encourages preschoolers to follow guidelines while having fun and learning new concepts

WHAT YOU NEED:

- Little People® figures, several for each Small Group
- Toy animals
- Cane or yardstick
- Umbrella
- Small toy chair
- Medium river rock
- Toy breakfast foods
- Pair of gloves

3. LIFT

[LIVE FOR GOD | APPLICATION ACTIVITY]

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn **WHAT YOU NEED:**

Parachute

4. BIG THINGS [LIVE FOR GOD | APPLICATION ACTIVITY]

Made to Create: An activity that allows preschoolers to review the Bible Story, Bottom Line, or Memory Verse by creating a craft

WHAT YOU NEED:

- "Big Things Label" Activity Page
- Avery® Labels #5160 or equivalent
- Cardstock
- Washable ink pads in a variety of colors
- Sentence strips
- Dot markers
- Stickers
- Stamps
- Glue sticks
- Scissors
- Baby wipes
- Permanent marker

WHAT YOU DO:

- Copy "Big Things Label" on label paper, one label per child.
- Write each child's name on their sentence strip.

©2025 Amazing Life Foundation. All rights reserved. ThinkOrange.com

HOME: PROMPTING ACTION BEYOND THE EXPERIENCE

- Make copies on cardstock or email this week's Parent Cue Card.
- Copy the Memory Verse Card to hand out or make available to parents.
- Copy "Going Home" and hang it on the door where Small Group Leaders can reference and remind parents of the Bottom Line and Memory Verse as parents pick up their children.
- Tell parents about our additional family resource, the **Parent Cue App.**

FIRST LOOK PINTEREST PAGE

 Visit our Pinterest page to see craft samples and suggested supplies. <u>bit.ly/FL_SoBig</u>